

# CHIROPRACTIC HEALTH QUESTIONNAIRE

To insure that we provide you with the best Chiropractic care possible, please take a few minutes to complete this form:

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

If employed, what type of work do you do?: \_\_\_\_\_

Does it require any of the following activities: (check all that apply)

Excessive lifting  Bending  Sitting  Standing  Walking  Other

If other, please describe: \_\_\_\_\_

Have you ever been to a Chiropractor before?:  If yes, whom did you see? \_\_\_\_\_

and for what reason: \_\_\_\_\_

Was your condition helped by Chiropractic Care?: \_\_\_\_\_

Are you taking any of the following types of medication: (check all that apply)

Muscle relaxers  Pain killers  Insulin  Birth Control pills

Anti-inflammatory  Over the counter meds (Tylenol, Advil, etc.)

Blood pressure med  Other, please describe. \_\_\_\_\_

Have you had x-rays taken within the last year?:  If yes, describe: \_\_\_\_\_

Do you sleep on a regular mattress or a waterbed?: \_\_\_\_\_

Age of mattress or waterbed: \_\_\_\_\_ How many hours a night do you usually sleep: \_\_\_\_\_

Do you sleep on your  back  stomach  side(s)

What kind of pillow do you use?:  soft  firm  thin  thick  none

Do you sleep with more than one pillow?:  If yes, describe: \_\_\_\_\_

Check all conditions that you have or have had in the past:

Anemia

Appendicitis

Arthritis

Bleeding disorders

Cancer

Cataracts

Chicken pox

Diabetes

Emphysema

Epilepsy

Glaucoma

Hepatitis

High blood pressure

High Cholesterol

Kidney disease

Liver disease

Measles

Migraines

Miscarriage

Multiple sclerosis

Mumps

Osteoporosis

Polio

Prostate problems

Rheumatic fever

Scarlet fever

Thyroid

Tonsillitis

Tuberculosis

Tumors. growths

Typhoid fever

Ulcers

Whooping Cough

**GENERAL SYMPTOMS:** Check all that apply

- |                                                |                                           |                                                          |
|------------------------------------------------|-------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> Bruises easily        | <input type="checkbox"/> Poor appetite    | <input type="checkbox"/> Difficulty swallowing           |
| <input type="checkbox"/> Chills                | <input type="checkbox"/> Bloating         | <input type="checkbox"/> Earache                         |
| <input type="checkbox"/> Dental problems       | <input type="checkbox"/> Bowel changes    | <input type="checkbox"/> Hay fever                       |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Constipation     | <input type="checkbox"/> Hearing loss                    |
| <input type="checkbox"/> Difficulty sleeping   | <input type="checkbox"/> Diarrhea         | <input type="checkbox"/> Nosebleeds                      |
| <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Excessive hunger | <input type="checkbox"/> Persistent cough                |
| <input type="checkbox"/> Fainting              | <input type="checkbox"/> Excessive thirst | <input type="checkbox"/> Sinus problems                  |
| <input type="checkbox"/> Fever _Gas _Neck pain | <input type="checkbox"/> Indigestion      | <input type="checkbox"/> Neck stiffness                  |
| <input type="checkbox"/> Forgetfulness         | <input type="checkbox"/> Nausea           | <input type="checkbox"/> Pinched nerve in neck           |
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Rectal bleeding  | <input type="checkbox"/> Muscle spasms in neck           |
| <input type="checkbox"/> Loss of weight        | <input type="checkbox"/> Stomach pain     | <input type="checkbox"/> Head feels heavy                |
| <input type="checkbox"/> Nervousness           | <input type="checkbox"/> Chest pain       | <input type="checkbox"/> Grinding/popping sounds in neck |
| <input type="checkbox"/> Numbness              | <input type="checkbox"/> Poor circulation | <input type="checkbox"/> Shoulder pain                   |
| <input type="checkbox"/> Sweats                | <input type="checkbox"/> Rapid heart beat | <input type="checkbox"/> Mid-back pain                   |
| <input type="checkbox"/> Tiredness             | <input type="checkbox"/> Blurred vision   | <input type="checkbox"/> Pain between shoulder blades    |
| <input type="checkbox"/> Weight gain           | <input type="checkbox"/> Pain in elbow    | <input type="checkbox"/> Hand pain                       |
| <input type="checkbox"/> Pain in arm(s)        | <input type="checkbox"/> Hands cold       | <input type="checkbox"/> Numbness in hand(s)             |
| <input type="checkbox"/> Hand weakness         | <input type="checkbox"/> Low back stiff   | <input type="checkbox"/> Spasms in back                  |
| <input type="checkbox"/> Low back pain         | <input type="checkbox"/> Hip pain         | <input type="checkbox"/> Hip weakness                    |
| <input type="checkbox"/> Back weakness         | <input type="checkbox"/> Ankle pain       | <input type="checkbox"/> Foot pain                       |
| <input type="checkbox"/> Knee pain             | <input type="checkbox"/> Leg pain         | <input type="checkbox"/> Leg cramps                      |
| <input type="checkbox"/> Weakness in leg       |                                           |                                                          |

Other symptoms not listed above: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any member of the staff responsible for any errors or omissions that I may have made in the completion of this form.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Reviewed by: \_\_\_\_\_  
Signature

\_\_\_\_\_  
Date